

AQUACADE 2009

The following list of items will be needed *regularly* for practices and for the Aquacade show:

Practices:

- Cap
- Goggles
- Nose clip
- Extra towels
- Snacks
- Warm clothing
- Positive attitude J
- Focus
- Willingness to have fun!!

Other Costume Items:

- TBA throughout season

Aquacade Show:

- All black bathing suit
 - To be worn only during the show!